

# DISTRICT NO. 9, I. A. of M. & A. W.

Pension Trust • Welfare Trust

12365 St. Charles Rock Road • Bridgeton, MO 63044

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November 2020

Dear Fund Participant:

District No. 9 I.A.M.A.W. continuously looks for ways to help our Fund and our members save money. That is why, effective January 1, 2021, Express Scripts will be managing your prescription plan to make medications safer and more affordable.

### **What this means for you:**

- New ID Cards that will be mailed to members in early to mid-December
- NEW BENEFIT - Pharmacy Vaccination Program with \$0 copay for all eligible members. This is available at the pharmacy counter only - not the clinic inside the pharmacy. Vaccinations available are Flu, Tetanus/diphtheria/pertussis, Hepatitis, HPV, Meningitis, Pneumonia, Shingles/zoster, and Childhood Vaccines! Please check with your local network pharmacy for any restrictions.
- Express Scripts has a vast network of retail pharmacies across the nation. You have the convenience of continuing to use your local retail pharmacy for 30-day or 90-day fills or using Express Scripts for 90-day fills by mail order.
- Online access to savings and convenience with Express Scripts through their member website [express-scripts.com](http://express-scripts.com) or download their mobile app.

**Your new ID card will be mailed to your home early to mid-December.** You should begin using it on January 1, 2021. If you do not receive your new ID card, feel free to contact the Welfare Trust office.

If you have any questions, please call the Fund at (800) 739-6442 or (314) 739-6442.

Yours in good health,

The Joint Board of Trustees





## Transitioning to Express Scripts – Frequently Asked Questions

Express Scripts will be managing your prescription plan. We care about your health and work to make medications safer and more affordable. We encourage you to take advantage of the services and resources available to help you and your dependents manage your pharmacy benefit. We look forward to serving you soon!

### **Q: Who can I contact about my pharmacy benefits with Express Scripts?**

A: On January 1, 2021 or after, you can contact Express Scripts Customer Service or register at [express-scripts.com](https://express-scripts.com). Your Customer Service number can be found on the new ID card that will be sent to you.

### **Q: Will there be new member ID cards?**

A: Yes, watch your mail for your new ID card to be mailed from District 9 Welfare Trust in early to mid-December. Effective January 1, 2021 show your new member ID card to your pharmacist when filling a prescription for yourself or a covered family member.

### **Q: How do I find an in-network pharmacy?**

A: All retail pharmacies used in 2020 by our membership are all network pharmacies with Express Scripts. You can go to [express-scripts.com](https://express-scripts.com) on January 1, 2021 or after to find network pharmacies.

### **Q: Will there be changes to my plan's list of preferred drugs?**

A: Yes, it is possible. Please refer to the 2021 National Preferred Formulary Exclusions list on the Welfare Trust website at [d9trusts.org](https://d9trusts.org).

### **Q: How can I determine my out-of-pocket cost for a preferred or a non-preferred drug?**

A: After your coverage begins, register and log in at [express-scripts.com](https://express-scripts.com) and click on Price a Medication in the menu under Prescriptions.

### **Q: Will I need to obtain a new prescription?**

A: No, you will not for prescriptions filled at a retail pharmacy. You may need to obtain a new prescription for prescriptions filled through home delivery from Express Scripts Pharmacy®. If you are due a refill within the first few days of your plan start date, please request a refill from your current home delivery pharmacy at least 2 weeks before your supply runs out. Refer to the "Getting Started with Home Delivery" information sheet in this mailing for more information on submitting prescriptions for home delivery.

### **Q: I currently use a specialty medication that I get through the mail. How do I continue to fill my specialty prescription?**

A: Please see the "Your Journey with Accredo" brochure with this mailing.

### **Q: Will my prior authorization (PA) information transfer to Express Scripts?**

A: The PA may transfer. After your coverage begins, you can contact Express Scripts to verify if your PA transferred.

# Getting Started with Home Delivery from Express Scripts Pharmacy®

Online access to savings and convenience

Whether you are viewing the member website or using the Express Scripts® mobile app,<sup>1</sup> you can easily manage your home delivery prescriptions:

- Check order status
- Refill and renew prescriptions
- Check prices and coverage
- Find convenient pharmacies
- View your prescription claims and balances
- Pay your balance using a variety of payment options
- View our therapeutic resource centers for information
- And much more



## To access the member website ...

Log in at [express-scripts.com](https://express-scripts.com) (Register if it is your first visit. Just have your member ID or SSN handy.)

## If you have a NEW prescription ...

**Get started** by contacting your doctor to request a 90-day prescription that he or she can e-prescribe directly to Express Scripts Home Delivery

**Or** print a form by selecting **Forms** (or **Forms & Cards**) from the menu under **Benefits**, then print a mail order form and follow the mailing instructions.

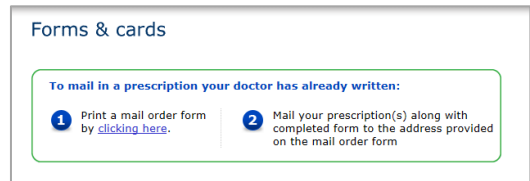
**Or** call us and we'll contact your doctor for you.

*Please allow 10 to 14 days for your first prescription order to be shipped.*

## If you already have a prescription ...

**Check order status** online or using our app to view details and track shipping.

**Transfer retail prescriptions to home delivery.** Just click **Add to Cart** for eligible prescriptions and check out. We'll contact your provider on your behalf and take care of the rest. Check **Order Status** to track your order.



Recent Order Status			<a href="#">Go to full order status</a>
Toprol XL 200 mg tablet 200 mg, brand <a href="#">View details</a>	Rx #: 123	Chris	Address Verification Required
Harvoni 90-400 mg tablet 90 mg - 400 mg, brand <a href="#">View details</a>	Accredo Rx #: 297-44	Shipped on XX/XX/XXXX <a href="#">Tracking # 9374820104600649231480</a>	

**Refill and renew prescriptions** for yourself and your family while online or while using our app. Just click **Add to Cart** for eligible prescriptions and check out. We'll contact your provider on your behalf, if renewals are included, and take care of the rest.

Prescriptions You Can Order Today			<a href="#">Find a prescription not listed below</a>	<a href="#">View Rx Archive</a>
Chris				
Omeprazole dr 10 mg capsule 10 mg, generic <a href="#">View details</a>	Rx #: 123 90-day supply 2 refills remaining	Refill past due You may be running low on this medication	<input checked="" type="checkbox"/> Prescription in cart	

<sup>1</sup> You can search for "Express Scripts" in your app store and download it for free. Then register, if first visit, or log in.  
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# Registering with Express Scripts

Online access to savings and convenience

Manage your medications anywhere, any time with [express-scripts.com](https://www.express-scripts.com) and the Express Scripts® mobile app

Register now so you can experience:

- More savings.**  
 Compare prices of medications at multiple pharmacies. Get free standard shipping<sup>1</sup> from Express Scripts Pharmacy®.
- More convenience.**  
 Get up to 90-day supplies of your long-term medication sent to your home. Order refills, check order status, and track shipments. Print forms and ID cards, if needed.
- More confidence.**  
 Talk with a pharmacist from the privacy of your home any time, from anywhere. Find the latest information on your medication, including possible side effects and interactions.
- More flexibility.**  
 Download the Express Scripts mobile app to manage your medications, find nearby pharmacies and get directions, and use your virtual ID card while on the go.

## Get Started Today!

Registering is safe and simple. Your information is secure and confidential. Please have your member ID number or SSN available.

- Go to [express-scripts.com](https://www.express-scripts.com) and select **Register**, or download the **Express Scripts mobile app** for free from your mobile device's app store and select **Register**.
- Complete the information requested, including personal information and member ID number or Social Security number (SSN). Create your username and password, along with security information in case you ever forget your password.
- Click **Register now** and you're registered.
- To set preferences,<sup>2</sup> select **Communication Preferences** from the menu under **Account**. Select your preferences and click **Submit Changes**. Preferences can only be selected via the member website.

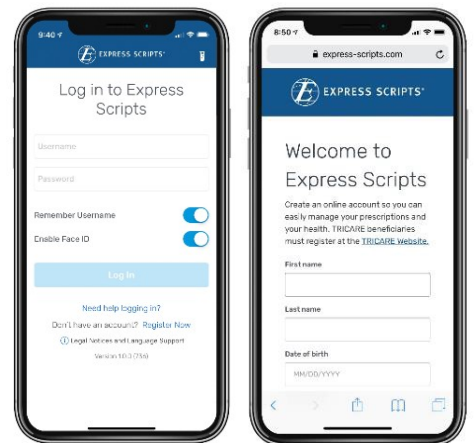
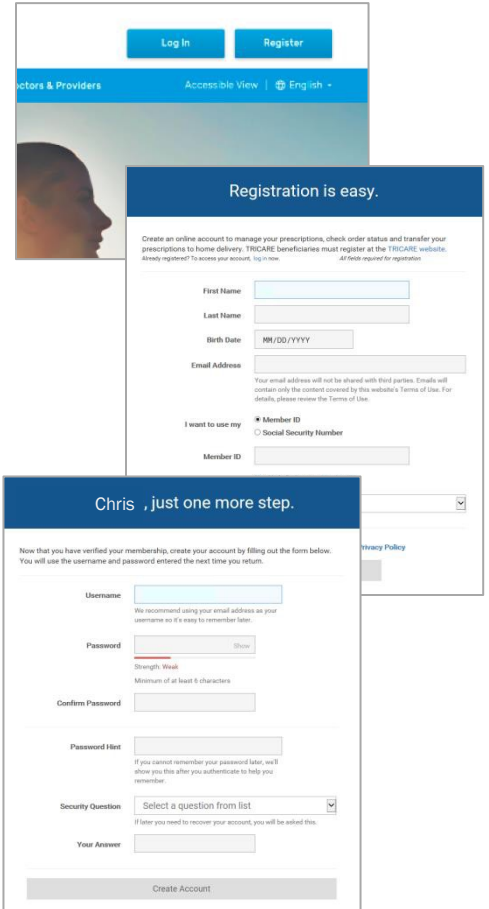
Members who have **touch or facial ID authentication** on their mobile devices can enable it to log in to their Express Scripts account on the mobile app, if desired.

<sup>1</sup> Standard shipping costs are included as part of your prescription plan.

<sup>2</sup> Preferences include the option to share your prescription information with other adult members of your household (aged 18+) covered under your prescription plan.

- All covered adults (aged 18+) in the household need to register separately.
- When you grant permission to share your prescription information with other registered household members, they can view your information, place orders on your behalf and more.

The Express Scripts mobile app is available for iPhone®, iPad®, and Android™ mobile devices.





## We're there every step of the way.

At Accredo, your specialty pharmacy, taking care of you is our focus.

You might be newly diagnosed and beginning with a specialty medication, or you might just be new to Accredo.

Either way, our specialty-trained pharmacists, nurses, pharmacy techs and patient care advocates understand chronic and complex conditions. We're here to help you navigate this journey.



### What's a specialty medication?

A medication used to treat chronic, complex conditions like multiple sclerosis, hepatitis C and cancer. Specialty medications can include oral solids, or can be injected, infused or inhaled and may require special handling, such as refrigeration.

## Take charge of your journey with Accredo.

With our tools, you can manage your medications how you want, when you want. Visit [accredo.com](https://www.accredo.com) or download our mobile app; go to your mobile device's app store and search for "Accredo." You can order refills<sup>3</sup>, check order status, view medication history and much more.

- 1 As allowable by law
- 2 Based on enrollment
- 3 Not available for all specialty medications
- 4 Based on 2019 Accredo book of business data

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## Your Journey with Accredo

# One journey. Three ways we focus on supporting you.

Your Accredo team works with your doctor to manage your overall medication therapy and make your path as smooth as possible throughout treatment.

## 1 SPECIALTY CLINICIANS ARE YOUR GUIDE

- Our specialty-trained pharmacists and nurses are **available 24/7** for any questions about your therapy
- You'll receive **one-on-one clinical support** to help you administer your medication safely and effectively
- Your Accredo team helps you **manage possible side effects**
- For certain conditions, **Accredo nurses help you administer your medication** in the comfort of your home, when appropriate

## 2 AN EASY ROUTE FOR GETTING YOUR MEDICATION

- **Free shipping** to where you choose<sup>1</sup>, when you choose
- **Additional supplies**, like syringes and sharps containers, at no extra cost
- Medication is **handled with care**, including refrigeration if needed (plus information on how to properly store your medication at home)
- **Refill reminders** and shipment updates by email or text<sup>2</sup> to make sure you don't run out
- **Order refills** at [accredo.com](https://www.accredo.com)<sup>3</sup>, on our mobile app or by calling the number on your prescription label

## 3 NAVIGATE COVERAGE AND FINANCIAL ASSISTANCE

- Get help **understanding your insurance coverage** and coordinating with your health plan on approvals and eligibility
- **We'll find financial assistance** programs that may be available from drug manufacturers and community organizations
- In 2019, Accredo coordinated **\$850 million in copay assistance** for qualified patients<sup>4</sup>

Accredo provides personalized clinical support and care for a wide range of complex conditions, including:

Age-related macular degeneration  
Alpha-1 antitrypsin deficiency  
Anemia  
Severe asthma  
Cancer  
Crohn's disease  
Cystic fibrosis  
Deep vein thrombosis  
Growth hormone deficiency  
Hemophilia  
Hepatitis C  
Hereditary angioedema  
Hereditary tyrosinemia  
Immune deficiency  
Infertility  
Lysosomal storage disorders  
Multiple sclerosis  
Neutropenia  
Osteoarthritis  
Osteoporosis  
Psoriasis  
Pulmonary arterial hypertension  
Respiratory syncytial virus  
Rheumatoid arthritis  
And many more, including rare and ultra-rare conditions